

## **National Action Plan School, Daycare Center, & Youth Camp Resources**

Put the following resources to work with your efforts to increase fruit and vegetable consumption.  
Copy and paste the URLs into your browser for your convenience.

1. California Department of Health Services, *Children's 5 a Day–Power Play! Campaign's School Idea & Resource Kits* for fourth and fifth grade teachers, [http://www.dhs.ca.gov/ps/cdic/cpns/powerplay/pp\\_resources.htm](http://www.dhs.ca.gov/ps/cdic/cpns/powerplay/pp_resources.htm)
2. California Department of Health Services, *Children's 5 a Day–Power Play! Campaign's Community Youth Organization Idea & Resource Kits* for after school programs, summer programs, and other out-of-school youth groups, [http://www.dhs.ca.gov/ps/cdic/cpns/powerplay/pp\\_resources.htm](http://www.dhs.ca.gov/ps/cdic/cpns/powerplay/pp_resources.htm)
3. California Department of Health Services, *California Nutrition Network for Healthy Active Families, Harvest of the Month: Growing Healthy Students*, <http://www.harvestofthemonth.com>
4. California Department of Health Services, *Children's 5 a Day–Power Play! Campaign's Help Kids Eat More Fruits and Vegetables and Be Active* brochure for parents, [http://www.dhs.ca.gov/ps/cdic/cpns/powerplay/pp\\_resources.htm](http://www.dhs.ca.gov/ps/cdic/cpns/powerplay/pp_resources.htm) (available October 2006)
5. California Department of Health Services, *Children's 5 a Day–Power Play! Campaign's Kids...Get Cookin'!* cookbook, for information visit <http://www.dhs.ca.gov/ps/cdic/cpns/powerplay/>
6. California School Garden Network, *Gardens for Learning: Creating and Sustaining Your School Garden*, <http://www.csgn.org> (available October 2006)
7. California Nutrition Network for Healthy, Active Families, *School and Community Rating Tool for Fruit and Vegetable Availability*, <http://www.dhs.ca.gov/ps/cdic/cpns/research/default.htm>
8. California Department of Education, *Taking Action for Healthy School Environments: Linking Education, Activity, and Food in California Secondary Schools*, <http://www.cde.ca.gov/re/pn/fd/>
9. Centers for Disease Control and Prevention's *Guidelines for School Health Programs to Promote Lifelong Healthy Eating*, [www.cdc.gov/mmwr/pdf/rr/rr4509.pdf](http://www.cdc.gov/mmwr/pdf/rr/rr4509.pdf)
10. Centers for Disease Control and Prevention, *5 A Day Quantity Recipe Cookbook*, <http://apps.nccd.cdc.gov/dnparecipe/search.aspx>
11. *Center's for Disease Control and Prevention MMWR Weekly*, Volume 55, No. 35, September 8, 2006: *Evaluation of a Fruit and Vegetable Distribution Program Mississippi, 2004--05 School Year*, <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5535a1.htm>
12. Centers for Disease Control, *School Health Index*, <http://apps.nccd.cdc.gov/shi/default.aspx>

13. Center for Food and Justice hosts the National Farm-to-School Program website, [www.farmtoschool.org](http://www.farmtoschool.org)
14. Center for Science in the Public Interest. School Foods Tool Kit, <http://www.cspinet.org/schoolfoodkit/>
15. Dole 5 A Day site (information on Dole products for schools, and recipes), <http://dole5aday.com>
16. National Farm to School Program, <http://www.farmtoschool.org>
17. Produce for Better Health Foundation's *School Foodservice Guide: Promotions, Activities, and Resources to Increase Fruit and Vegetable Consumption*,. Order on-line for \$9.95 at [www.shop5aday.com/acatalog/School\\_Food\\_Service\\_Guide.html](http://www.shop5aday.com/acatalog/School_Food_Service_Guide.html)
18. Produce for Better Health Foundation's *School Foodservice Guide: Successful Implementation Models for Increased Fruit and Vegetable Consumption*, Order on-line for \$29.95 at [www.shop5aday.com/acatalog/School\\_Food\\_Service\\_Guide.html](http://www.shop5aday.com/acatalog/School_Food_Service_Guide.html)
19. Produce Marketing Association Consumer Resources, [www.pma.com/consumption](http://www.pma.com/consumption) (produce kids pages as well as lesson plans for teachers and nutrition/recipe info).
20. Produce Marketing Association analysis of youth risk behavior, <http://www.pma.com/Template.cfm?Section=Consumption1&CONTENTID=9494&TEMPLATE=/ContentManagement/ContentDisplay.cfm>
21. Texas Cooperative Extension's *Junior Master Gardener Program* (includes curriculum), <http://www.jmgkids.us/>
22. United Fresh Fruit and Vegetable Association hosts the Fruit and Vegetable Snack Program Resource Center, <http://www.uffva.org/fvpilotprogram.htm>
23. U.S. Department of Agriculture's *Fruits and Vegetables Galore: Helping Kids Eat More*, [www.fns.usda.gov/tn/Resources/fv\\_galore.html](http://www.fns.usda.gov/tn/Resources/fv_galore.html)
24. U.S. Department of Agriculture's *HealthierUS School Challenge*, [www.fns.usda.gov/tn/HealthierUS/index.htm](http://www.fns.usda.gov/tn/HealthierUS/index.htm)
25. Utah Department of Health, Gold Medal Schools, <http://health.utah.gov/hearhighway/gms/>

### School Wellness Policies

1. California Department of Education, Guidance for the Development of California School Wellness Policies, [http://www.californiahealthykids.org/Pages/articles/guidance\\_for\\_wellness.pdf](http://www.californiahealthykids.org/Pages/articles/guidance_for_wellness.pdf)
2. Healthy Eating Lifestyle Principles (HELP) Wellness Policy Toolkit, [www.helpunited.org](http://www.helpunited.org)

3. National Alliance for Nutrition and Activity Model School Wellness Policies, <http://www.schoolwellnesspolicies.org/>
4. Produce for Better Health Foundation's *Promoting Fruits and Vegetables in Schools: Wellness Policy Opportunities*, 2005, [http://www.pbhfoundation.org/pdfs/pulse/policy/programs/wellnesspolicybrochure666\\_1205Hires.pdf](http://www.pbhfoundation.org/pdfs/pulse/policy/programs/wellnesspolicybrochure666_1205Hires.pdf)
5. School Nutrition Association School Wellness Website, [www.schoolnutrition.org](http://www.schoolnutrition.org)
6. Strategic Alliance, Improving School Food Environments Through District-Level Policies: Findings from Six California Case Studies, <http://www.eatbettermovemore.org/>
7. Washington State Department of Health's Nutrition and Physical Activity Policy Resource Guide for communities, schools, worksites and healthcare, <http://doh.wa.gov/cfh/NutritionPA/publications/npa-policy-guide.pdf>

### Fundraising Activities

1. Action for Healthy Kids of Alabama's *Guide to Healthy School Fundraising*, [www.actionforhealthykids.org/AFHK/team\\_center/team\\_resources/AL/N&PA%2031%20-%20Fundraising.pdf](http://www.actionforhealthykids.org/AFHK/team_center/team_resources/AL/N&PA%2031%20-%20Fundraising.pdf)
2. Center for Science in the Public Interest. Healthy School Snacks, [http://www.cspinet.org/nutritionpolicy/healthy\\_school\\_snacks.pdf](http://www.cspinet.org/nutritionpolicy/healthy_school_snacks.pdf)
3. Center for Science in the Public Interest. Constructive Classroom Rewards: Promoting Good Habits While Protecting Children's Health, [http://www.cspinet.org/nutritionpolicy/constructive\\_rewards.pdf](http://www.cspinet.org/nutritionpolicy/constructive_rewards.pdf)
4. *Produce for Better Health Foundation's Guide to Fundraising. (Need to provide link once it is active.)*
5. Shasta County Public Health's *Creative Financing and Fun Fundraising*, [www.co.shasta.ca.us/Departments/PublicHealth/CommunityHealth/projjean/fundraiser1.pdf](http://www.co.shasta.ca.us/Departments/PublicHealth/CommunityHealth/projjean/fundraiser1.pdf)